

## Suggested Camp Wise Packing List

This list is great for 2, 3, 4 or 7 week campers. One week campers can adjust amounts accordingly. Laundry is done twice for 4-week campers and once for 2 and 3 week campers.

Please mark camper's name clearly on EVERYTHING that comes to camp!

Do NOT pack IPOD touches, cell phones, or any video games.

### Clothing

- 10 T-shirts/tank tops
- 3 Long sleeve shirts
- 6 Shorts
- 4 Jeans/long pants
- 2 Sweatshirts
- 12-15 Underwear
- 12 Socks
- 5-7 Bras/sports bras
- 2 Pajamas
- 2-3 Swimsuits
- 2 Shabbat outfits (nicer than everyday clothes, no jeans or t-shirts)

### Outerwear

- 1 Raincoat/Poncho with hood
- 1 Bathrobe (only for Ohalim and Solel)
- 1 Jacket

### Footwear

- 2 Sneakers
- 1 Flip flops/Crocs
- 1 Hiking shoes/boots (only Noar and Solel)
- 1 Pair of Rain Boots

*NO HIGH HEELED SHOES PLEASE*

### Bedding

- 2 Sets of twin-size sheets with pillowcases
- 1 Pillow
- Stuffed animals
- 1-2 Blankets
- 2 Bath Towels
- 3 Beach Towels
- 2 Washcloths
- 2 Laundry Bags- WITH CAMPER'S NAME
- 1 Sleeping Bag for camping trips (not needed for 1 or 2 weekers)

LOTS of these...

- Stationery
- Pens and Pencils
- Pre-addressed envelopes
- Blank envelopes
- Stamps
- List of addresses (family and friends)

### Toiletries

- 1 Soap/body wash
- 1 Shampoo and conditioner
- 1 Toothbrush/toothpaste
- 1 Deodorant
- 1 Comb or brush
- 1 Bucket/carrying case for all toiletry items
- 2 Sunscreen (minimum SPF 30)
- 1 Bug repellent (non-aerosol)
- 1 Contact lens case/Contact Solution
- Feminine Hygiene products
- 2 Glasses (an extra pair is required)

### Sports Equipment (Optional to bring own)

- Baseball/Softball Glove
- Tennis Racket
- Lacrosse stick (incl. gloves and helmet)
- Hockey stick
- Soccer cleats
- In-line skates (and safety equipment)
- Swim Goggles
- Swim Earplugs
- Boots with a heel for horseback riding
- Yoga mats

### Other Essentials

- 1 Water bottle (campers without water bottles will be given a Camp Wise water bottle and parents will be billed \$12)
- 1 Baseball cap or hat
- 1 Flashlight
- Extra Batteries for flashlight
- 1 Small Backpack
- 1 Handheld fan (*no plug-in fans*)
- 1 Sunglasses
- 1 Watch
- Books and Magazines
- 1 Journal
- 1 Camera
- Musical instruments (guitar or smaller)